

Business Events 『Be+』 Unique Service Menu

Category	Mix	Basic Ninja/Samurai Workshop: Applying Understanding to Business
Field	Japanese Culture	

The Edo covert agents the Musashi Clan, descendants of ninja who were employed by the Edo shogunate. Even in today's world, skills and arts employed by ninja have become evident in business situations. Through this program, participants will have the opportunity to learn about ninja culture and background, and the ninja art of making oneself invisible, as well as how to apply that understanding to stressful business situations in modern-day society.

Price (JPY) 350,000 **Language** English **Venue** Tokyo area

Capacity 30 **Program duration** 60 min.

*Reservation required

A performance by the Edo covert agents the Musashi Clan, descendants of ninja who were employed by the Edo shogunate. Program includes a lecture on ninja history and culture, and participants can learn about and experience meditation and relaxation techniques. Gain some insight into how you may apply these things to your life and to business situations.



【Notes】

- Please wear comfortable clothing.
- You may be asked to remove your shoes during the program.
- You may be asked to sit Japanese style during the program (not a requirement, please participate if you are able).
- Gifts provided.
- Payment required in advance.
- Venue fees charged separately.

【Schedule (sample)】

- [1] Performance
- [2] Introduction of history of Musashi Clan
 - What is a "ninja"?
 - Kujikiri (wellwishing)
 - Basic explanation of ninja implements
- [3] Participants experience ninja arts
 - Bow while seated (sitting in a circle)
 - Relaxation and concentration methods learned from infiltration technique
 - Meditation method
 - Awareness
- [4] Summary: Effectiveness in business application