

Business Events 『Be+』 Unique Service Menu

Category

Mix

Field

Japanese Culture

Ninja/Samurai Workshop: For Groups

The Edo covert agents the Musashi Clan, descendants of ninja who were employed by the Edo shogunate, who continue ninja practices even 420 years after the turbulent age, continue to carry forward the mental and physical arts training. Through this program, the Musashi Clan will provide education on ninja culture, background and mysteries, and shed some light on how participants might apply these principles and activities to modern-day life and stressful business situations.

Price (JPY)

700,000

Language

English

Venue

Tokyo area

Capacity

100

Program duration

90 min.

*Reservation required

From the 12th through the 19th centuries, during which time many wars occurred, there was in Japan a group employed by feudal and vassal lords which was responsible for collecting information from other lands. They subsequently became known as ninja. As they directly collected information related to the survival of the country, ninja were required to undertake physical training and learn techniques, sharpen their senses, and possess mental toughness to overcome adversity. How does one acquire the physical and mental toughness? The ninja philosophy and training methods provide insight into this. Through this program, from the Edo covert agents the Musashi Clan, descendants of ninja who were employed by the Edo shogunate, who still today continue these practices, participants can learn about ninja culture, background and mysteries. Gaining an understanding of these things will enable their application to modern-day life and to succeeding in business.



【Notes】

- Please wear comfortable clothing.
- You may be asked to remove your shoes during the program.
- You may be asked to sit Japanese style during the program (not a requirement, please participate if you are able).
- Gifts provided.
- Payment required in advance.
- Venue fees charged separately.

【Schedule (sample)】



- Introduction (Show)
 - Embu Dedication to our ancestors
- What's Ninja (Lecture)
 - The history and current activities of the Musashi Clan
- Philosophy (Lecture)
 - Five verbal skills to control another person psychologically
- Meditation (Experience)
 - Ninja meditation methods:
 - 1) Kuji-kiri 2) Breathing method 3) Awareness
- Relaxation (Lecture)
 - Relaxation method for stressful situations
 - Breathing method
- Concentration (Experience)
 - Training to be able to listen more effectively
- Open heart (Lecture)
 - Communication techniques to enable communication with anyone
- Self Control (Lecture)
 - Self-control - Self-discipline
- Resonance (Lecture)

Contact

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